

Saint Thomas the Apostle Hot Lunch Menu October 3-14, 2011

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|----------------------------------|--|---|
| 3 Hamburger Tossed Salad* <hr/> <u>B Lunch:</u> Chicken Caesar Salad → <hr/> <u>C Lunch Soup:</u> Curried Lentil Soup → | 4 Chicken and Cheese Quesadilla Mexican Rice | 5 Pizza Green Beans | 6 Beefy Nachos* Mexican Corn* | 7 Pancakes Eggs |
| 10 Braised Locally Raised Pork Taco Lettuce Tomatoes Beans & Rice <hr/> <u>B Lunch:</u> BBQ Sandwich <hr/> <u>C Lunch Soup:</u> Creamy Potato Soup → | 11 Spaghetti* Breadsticks | 12 Pizza Tossed Salad* | 13 Otto's Local Chicken Drumstick* Mashed Potatoes* | 14 Breaded Pollock Fish Sandwich Coleslaw Potato Wedges |

*** Jamie Oliver's Food Revolution Recipes**

All lunches are served with Moo-Ville milk: a local, family run dairy farm in Nashville, Michigan.

Items on food bar this month:

Lettuce
Cheddar Cheese
Croutons
Carrots

Vanilla Yogurt
Homemade Granola
Fresh Apples
Fresh Oranges

Fresh Pears
Carolina Slaw
Hummus
Whole Wheat Tortillas