

## March 2007 St. Thomas the Apostle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>SUPER FOOD OF THE MONTH IS</b></p> <p><b>YOGURT</b></p> <p><i>2<sup>nd</sup> Entrée Choice for</i></p>	<p>All lunches include choice of milk: Skim milk 1% white, chocolate or strawberry</p> <p><i>the week: Triple Decker PB&amp;J</i></p>	<p>Lunch Prices: Paid lunch \$1.85 Reduced lunch \$0.40 Carton of Milk \$0.25 Adult lunch \$2.50</p>	<p>1 Hot Turkey Sandwich with Mashed Potatoes and Gravy, Golden Corn Applesauce</p>	<p>2 Cheese Pizza Tossed Salad Pineapple Tidbits</p>
<p>5 <b>CELEBRATE DIVERSITY WEEK</b> <b>SOUL FOOD</b> BBQ Riblet on Bun Baked Sweet Potatoes Fresh Fruit <i>2<sup>nd</sup> Entrée Choice for</i></p>	<p>6 <b>MEXICAN</b> Taco Salad Boats Mexican Rice Fruit Mix <i>the week: Tuna on Bun</i></p>	<p>7 <b>AMERICAN</b> Hamburger or Cheeseburger on bun French Fries Diced Pears</p>	<p>8 <b>ASIAN</b> Sweet &amp; Sour Chicken with rice California Medley Vegetables Pineapple</p>	<p>9 <b>ITALIAN</b> Cheesy Lasagna Roll-Ups with Garlic Bread Tossed Salad Fresh Apples  Italian Ice for a Treat</p>
<p>12 Beef Burrito Green Beans Mandarin Oranges <i>2<sup>nd</sup> Entrée choice for</i></p>	<p>13 Pepperoni Pizza Golden Corn Diced Peaches <i>the week: grilled cheese</i></p>	<p>14 Chicken Nuggets French Fries Dinner Roll Fresh Fruit</p>	<p>15 Italian Dunkers With Meat Sauce Peas &amp; Carrots Apples</p>	<p>16 Macaroni &amp; Cheese Muffin Baked Beans Applesauce</p>
<p>19 Sub Sandwich Tossed Salad Fruit Mix <b>Cookie Day!!!!</b> <i>2<sup>nd</sup> Entrée choice for</i></p>	<p>20 Chicken Patty on Bun California Medley Vegetables Diced Pears <i>the week: Triple Decker PB&amp;J</i></p>	<p>21 French Toast Sticks Sausage Patty Tator Tots Fruit Juice <b>Brunch for Lunch!</b></p>	<p>22 Walking Taco (Fritos, meat, cheese and lettuce) Corn Fresh Fruit</p>	<p>23 Grilled Cheese Tomato Soup Green Beans Applesauce</p>
<p>26 Chef Salad w/Ham and Cheese Slices Dinner Roll Peas and Carrots <i>2<sup>nd</sup> Entree choice for</i></p>	<p>27 Pepperoni or Cheese Pizza Golden Corn Mandarin Oranges <i>the week: Yogurt and graham crackers</i></p>	<p>28 Ravioli with Garlic Bread Tossed Salad Fresh Fruit</p>	<p>29 Roast Beef and Cheese Sub Green Beans Diced Peaches</p>	<p>30 Cheesy Bosco Sticks with Pizza Sauce Corn Applesauce</p>

### MENU SUBJECT TO CHANGE WITHOUT NOTICE.

The School Lunch Program is operated in accordance with the U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap, or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A activity should write to the Secretary of Agriculture, Washington, D.C. 20250.

#### Parent Instructions

A Lunch = Student chooses Main entrée offered that day

B Lunch = Student chooses Sandwich (or 2<sup>nd</sup> entrée offered that week)

C Lunch = Student chooses Food Bar only

Milk only = Student chooses milk only

A monthly hot lunch menu will be sent home on the back of the monthly calendar attached to the Pieces.

Parents and student choose the number of days they would like to receive hot lunch.

Please order that number times \$1.85 and total on order form.

1. Please have a system at home to remember each student's daily choice for the lunch order period. If needed, additional menus are available in the Welcome & Information Center near the front door.
2. Each day remind your child which lunch option he/she chose for that day. His/her homeroom teacher will ask which lunch was chosen each morning. The teacher will send the final daily count to the kitchen.
3. A student may choose to order milk only. Please indicate on the attached order form.

**Questions? Please call  
Mary Sieracki, Director  
of Dining Services at:  
913-4407**

